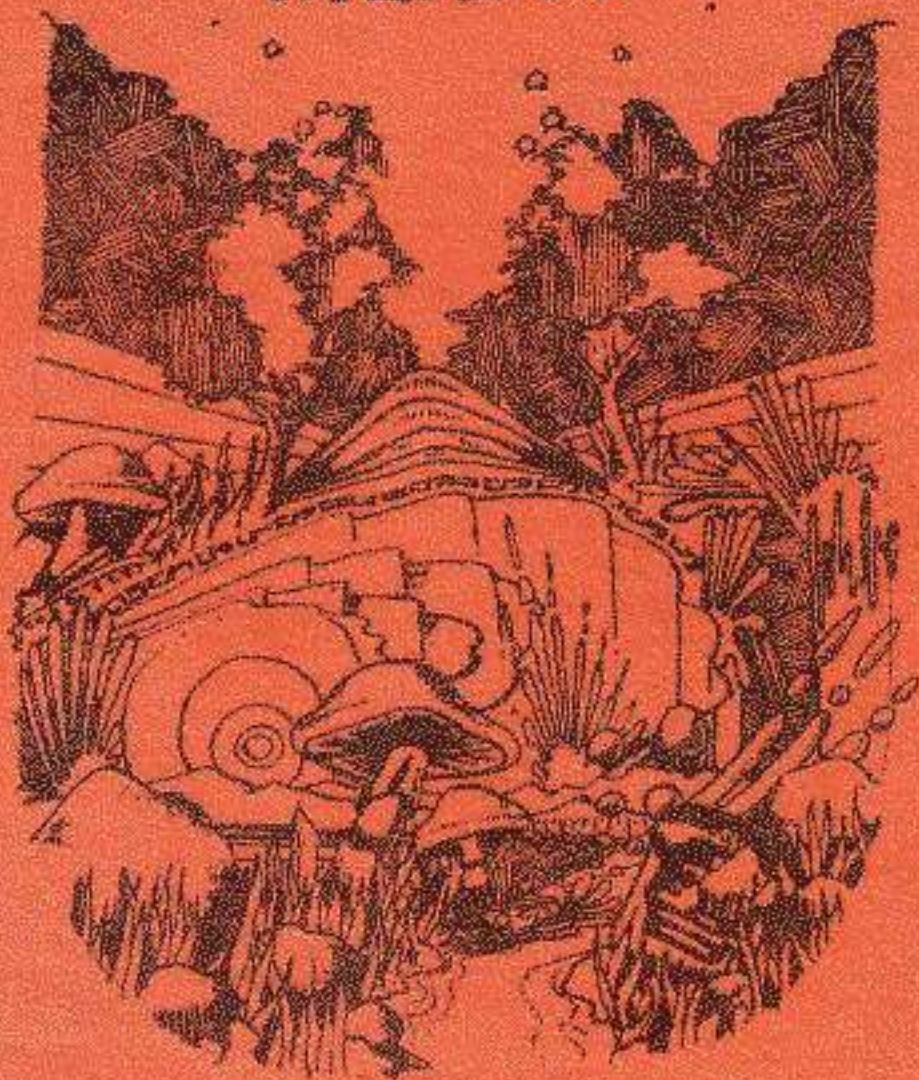




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A
GUIDEBOOK TO
THE PSILOCYBIN
MUSHROOMS OF
MEXICO



A GUIDEBOOK TO THE
PSILOCYBIN MUSHROOMS
OF MEXICO

BY
BIG D. UNLIMITED



THE MOTHER DUCK PRESS
TUCSON
1976



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Editor's Note to Users of the Guide

The prices stated in this book are based on summer 1976 values (12.50 pesos = \$1.00 US). As we go to press the value of the peso has dropped (26.40 pesos = \$1.00 US), and the fluctuation begun with the floating of the peso on the international market in September 1976 is likely to continue. At present it seems that prices in Mexico will be somewhat cheaper than they were when this guide was written.

If you have more recent information concerning costs of mushrooms, transportation, etc., or concerning general conditions of importance to mushroom seekers, we would like to hear about it so we can keep future editions of the guide accurate and up to date.


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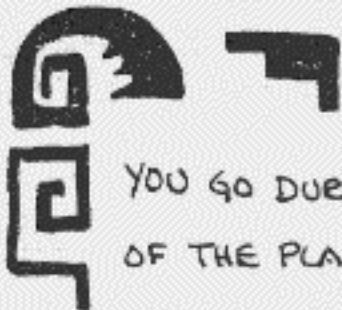
INTRODUCTION

FOR A LONG TIME PEOPLE IN NORTH AMERICA HAVE BEEN AWARE OF THE EXISTENCE OF PSILOCYBIN MUSHROOMS, BUT MOST PEOPLE ARE STILL IGNORANT AS TO THEIR LOCATION AND IDENTIFICATION.

THIS BOOK IS A GUIDE TO HELP PEOPLE EXPERIENCE MUSHROOMS WITHOUT GETTING BURNED. THE INFORMATION IN THIS BOOK IS ALL TRUE AND RECENT, HAVING BEEN GATHERED DURING THE RAINY SEASONS OF 1976.

THE BOOK DEALS PRIMARILY WITH DIRECTIONS ON HOW TO ARRIVE AT THE PLACES WHERE MUSHROOMS GROW AND WHAT TO DO ONCE YOU'RE THERE. THE LOCATION OF MUSHROOM GROWING AREAS IS DISCUSSED IN DETAIL, AND A MAP ACCOMPANIES EACH DISCUSSION. CURRENT STREET PRICES ARE QUOTED. IF



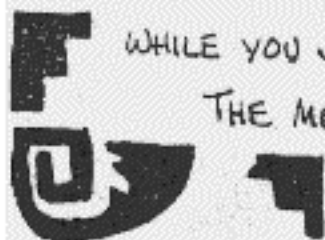


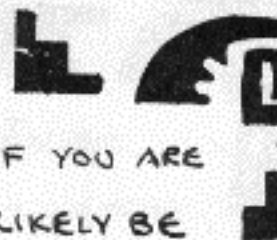
YOU GO DURING THE RAINY SEASON TO ANY OF THE PLACES MENTIONED IN THIS GUIDE, AND FOLLOW DIRECTIONS, YOU WILL SCORE ALL THE MUSHROOMS YOU WANT WITHOUT GETTING BURNED OR BUSTED.

THERE ARE TWO TYPES OF AREAS IN WHICH MUSHROOMS GROW, THOSE WITH HOTELS, THOSE WITHOUT HOTELS. BOTH AREAS ARE BEAUTIFUL, BUT YOU NEED CAMPING GEAR TO GO TO THE SECOND. FOR FOOD, IF YOU'RE STAYING IN THE HOTELS THERE ARE ALWAYS RESTAURANTS AROUND. IF YOU ARE CAMPING OUT, ALL THE PUEBLOS HAVE GENERAL STORES WHERE YOU CAN BUY SUPPLIES.

IF YOU DECIDE TO VENTURE TO ANY OF THE PLACES IN THIS BOOK YOU WILL FIND THE ENERGY THERE IS QUITE PSYCHEDELIC. AT NITE WHILE YOU ARE TRIPPING YOU CAN WATCH THE TREES FILL WITH DANCING FIREFLIES AND LISTEN TO THE MUSIC OF FROGS AND CRICKETS WHILE YOU JUST FLOAT IN A POOL OF BUBBLES.

THE MEXICAN PEOPLE TEND TO REFLECT





WHATEVER MOODS YOU PROJECT. IF YOU ARE OPEN AND FRIENDLY, THEY WILL LIKELY BE THAT WAY. YOUR CHANCE OF HAVING A GOOD TRIP WITH NO HASSLES IS MUCH BETTER IF YOU TREAT THE PEOPLE AND THEIR CUSTOMS WITH RESPECT AND AVOID TRAVELING IN CROWDS.

A STRANGE THING ABOUT PSILOCYBIN MUSHROOMS IS THAT SOME PEOPLE WILL EAT THEM AND HAVE A NICE TRIP WHILE OTHERS WILL EAT THEM AND BE SICK. THE INDIANS OF HUAUTLA DE JIMENEZ, OAXACA, SAY THAT THE MUSHROOM HELPS ONLY THOSE WHO ARE PURE. THIS IS MAYBE ANOTHER WAY OF SAYING THAT PSYCHEDELICS OPEN UP THE UNCONSCIOUS AND LINKS IT WITH THE CONSCIOUS, FORCING YOU TO SEE ALL OF YOURSELF.






IDENTIFICATION

THERE ARE APPROXIMATELY A WHOLE SHITLOAD OF MUSHROOMS GROWING IN MEXICO. BOTANISTS SAY THERE ARE ABOUT 10 PSILOCYBIN VARIETIES. THE ONES THE INDIANS COLLECT ARE KNOWN BY FIVE COMMON NAMES:

1. PAJARITO DEL VALLE
2. SAN ICIDEO LABRADOR
3. PAJARITO DE LA SIERRA
4. BROWN SAN PEDRO DERRUMBE
5. PURPLE SAN PEDRO DERRUMBE

OF THESE PSILOCYBIN MUSHROOMS EACH VARIETY IS SAID TO HAVE 3 CLASSES: THE MALE, THE FEMALE, AND THE BABY. THE MALE IS USUALLY MEDIUM IN SIZE AND THE CAP IS FAIRLY GLOSSY



OPAQUE. THE BABY IS USUALLY SMALLER THAN THE OTHERS (THOUGH THE STEM CAN GROW QUITE TALL), BUT THE CAP IS ALWAYS CLOSED.

ALL PSILOCYBIN MUSHROOMS MUST SHOW PURPLE IN THE STEM OR CAP WHEN PICKED OR PINCHED. IF YOU SEE NO PURPLE, OR SMELL NONE OF THE CHARACTERISTIC PSILOCYBIN ODOR, YOU HAVE A FOOLS MUSHROOM. THERE ARE MANY VARIETIES OF MUSHROOMS THAT APPEAR SIMILAR TO THE PSYCHEDELIC ONES, BUT IF THEY DONT HAVE THESE CHARACTERISTICS DONT BOTHER WITH THEM!

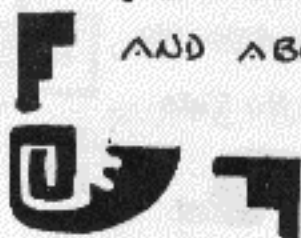
PSILOCYBIN MUSHROOMS CAN BE SEPARATED INTO 2 HABITAT TYPES: THOSE THAT GROW FROM COWSHIT AND THOSE THAT GROW FROM DIRT OR TREE TRUNKS. BOTH TYPES ARE QUITE POTENT, BUT IN DIFFERENT AREAS ONE IS MORE POTENT THAN THE OTHER. IN GENERAL THE POTENCY DEPENDS UPON ECOLOGICAL SITUATION (SUN, SOIL, SLOPE, ETC.) AND THE METABOLISM OF THE INDIVIDUAL. NO TWO




MUSHROOMS ARE ALIKE, EVEN THOUGH THEY GROW NEXT TO EACH OTHER, AND NO TWO HUMAN BODIES ARE ALIKE. WHAT GETS YOU HIGH ONCE MAY NOT DO IT THE NEXT TIME, AND YOUR FRIEND MAY REQUIRE A DIFFERENT DOSE FROM YOU. THE RULE OF THUMB IS TO START WITH ONE AND SLOWLY INCREASE THE NUMBER YOU TRY UNTIL YOU FIND WHAT IS RIGHT FOR YOU. AS MANY AS 20 MAY BE NECESSARY, THOUGH USUALLY THE NUMBER IS 5 OR UNDER.

PAJARITO DEL VALLE (FIG. A)

THIS MUSHROOM IS FOUND GROWING IN COW SHIT. THE MALE IS ALL WHITE WITH GREY GILLS UNDERNEATH. IT IS 2" TALL BY 1" WIDE. THE FEMALE IS ALL WHITE WITH GREY GILLS AND A VERY LIGHT GOLD TOP, USUALLY 3" TALL BY 1½" WIDE. THE BABY IS ALL WHITE AND ABOUT ½" TALL.





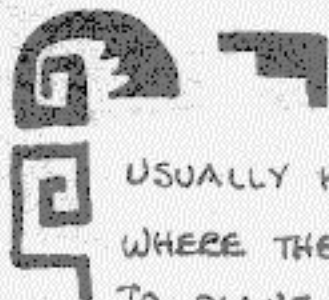
SAN ICIDRO LABRADOR
(FIG. B).

THIS IS ALSO A COWSHIT MUSHROOM. THE MALE HAS A GLOSSY TOP THAT IS USUALLY DARK BROWN. THE STEM IS WHITE WITH A PURPLE VEIL WHERE THE CAP OPENED, AND THE GILLS ARE GREY. IT IS USUALLY 2" TALL BY 1½" WIDE. THE FEMALE HAS A SOLID OPaque TOP, GOLDEN BROWN IN THE CENTER SUBBURSTING INTO CREAMY WHITE AT THE EDGES. THE STEM IS WHITE WITH A PURPLE VEIL AND THE GILLS ARE GREY. THE AVERAGE SIZE IS 3½" TALL BY 3" WIDE, ALTHOUGH UNDER CERTAIN CONDITIONS THEY GROW UP TO 7" TALL AND 6" ACROSS. THE BABY HAS A GOLDEN BROWN TOP AND WHITE STEM. IT CAN BE FROM ½" TO 3" TALL.

PAJARITO DE LA SIERRA
(FIG. C)

THIS MUSHROOM GROWS FROM DIRT,





USUALLY HIGH UP IN THE MOUNTAINS WHERE THE DIET HAS BEEN BROKEN UP TO PLANT COEN. THE MALE AND FEMALE ARE THE SAME SIZE, BUT THE FEMALE IS ROUNDER. THEY ARE USUALLY 2" TALL BY $\frac{3}{8}$ " WIDE. THE TOP IS BROWN AND THE STEM IS WHITE. THE BABIES ARE USUALLY FROM $\frac{1}{4}$ " TO $\frac{1}{2}$ " TALL.

BROWN SAN PEDRO DEECUMBE
(FIG. D)

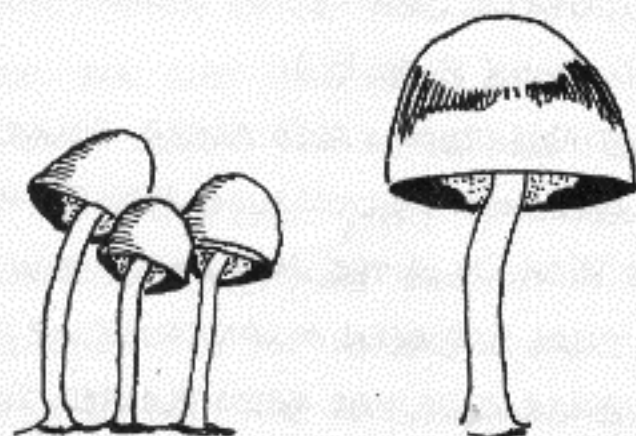
THIS MUSHROOM USUALLY GROWS NEXT TO A RIVER WHERE GROUND HAS BEEN WASHED AWAY. THE MALE IS ALL BROWN AND THE GILLS ARE GREYISH PURPLE. AVERAGE HEIGHT IS 2". THE DOME IS FAIRLY FLAT. THE FEMALE IS SIMILAR TO THE MALE BUT THE CAP IS MORE ROUNDED, AND IT HAS A NIPPLE. AVERAGE HEIGHT 4". BABIES HAVE A BROWN CAP AND WHITE STEM. THEY ARE USUALLY $\frac{1}{2}$ " TALL.



PURPLE SAN PEDRO DERRUMBE
(FIG. E)

THIS MUSHROOM, ALSO CALLED SUGAR
CAVE DERRUMBE OR LANDSLIDE MUSHROOM,
GROWS HIGH UP IN THE MOUNTAINS USUALLY
WHERE THERE HAS BEEN A LANDSLIDE OR
WHERE SUGAR CAVE HAS BEEN PLANTED. THE
MALE IS ALL PURPLE, ALMOST BLACK, WITH
A FLAT DOME. THE AVERAGE HEIGHT IS 3".
THE FEMALE HAS A PURPLE CAP AND WHITE
STEM. THE CAP IS USUALLY ROUNDED WITH A
NIPPLE IN THE CENTER. AVERAGE HEIGHT 5".
THE BABIES HAVE A PURPLE CAP AND WHITE
STEM AND THEY CAN GROW UP TO 5" TALL. THE
AVERAGE HEIGHT IS ABOUT 2".

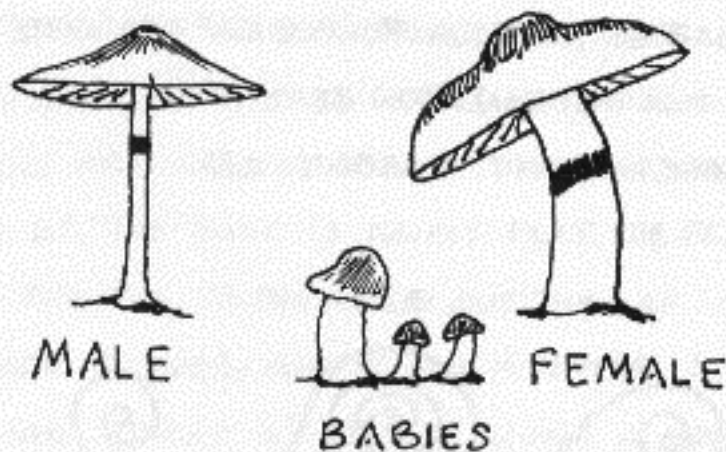




MALE BABIES FEMALE

BABIES

(FIG. A) PAJARITO DEL VALLE



MALE

FEMALE

BABIES

(FIG. B) SAN ICIDRO LABRADOR

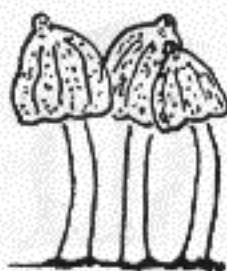




MALE



BABIES



FEMALE

(FIG. C) PAJARITO DE LA SIERRA



MALE



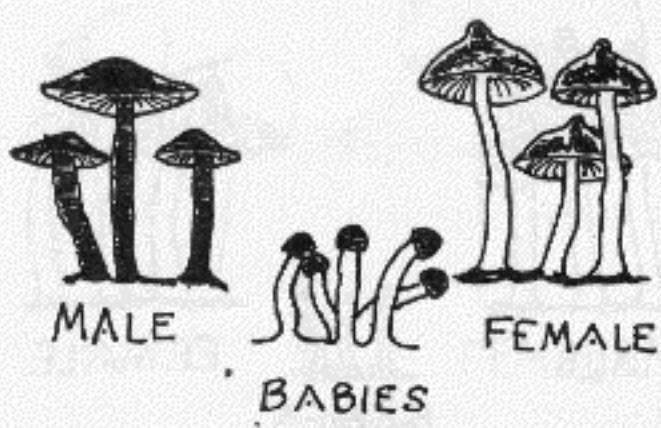
BABIES



FEMALE

(FIG. D) BROWN SAN PEDRO DE CERUMBE



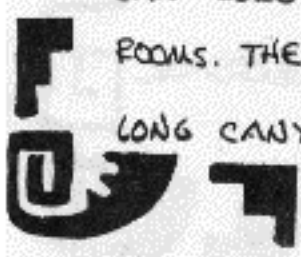



MALE BABIES FEMALE
(FIG. E) SUGAR CANE DEERUMBE

LOCATIONS

STATE OF MEXICO

IN THE STATE OF MEXICO, EAST OF MEXICO CITY, THERE IS A PUEBLO CALLED SAN PEDRO TLAMISCO WHICH HAS THE BROWN SAN PEDRO VARIETY OF PSILOCYBIA MUSHROOMS. THE MUSHROOMS GROW IN A 5 MILE LONG CANYON BEHIND THE TOWN, BUT THE

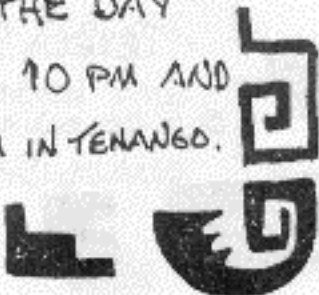


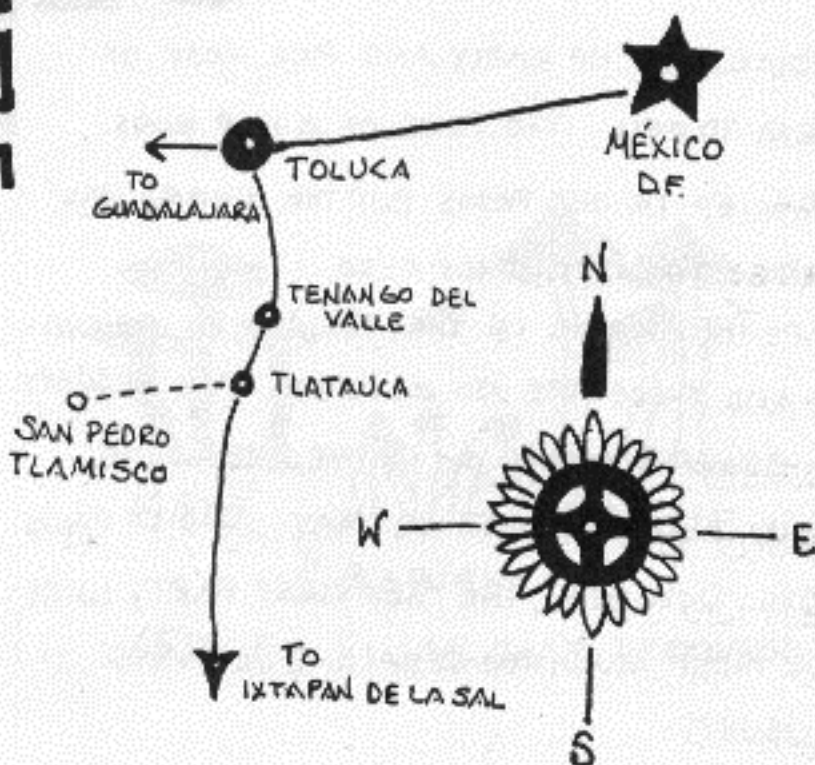
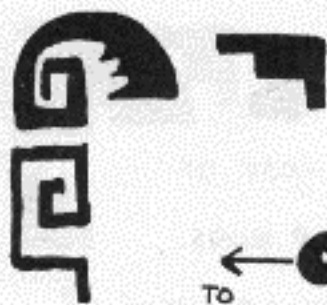


INDIANS GET UP EARLY AND PICK MOST OF THEM TO SELL. THE PRICE OF A TRIP RUNS FROM 50 TO 100 PESOS BUT THE INDIANS WILL TRADE FOR OLD CLOTHES ALSO.

THE PEOPLE IN THE TOWN ARE FRIENDLY AND THERE ARE NO SOLDIERS. THE SCENERY IS BEAUTIFUL AND SO IS THE AREA. THE RAINY SEASON STARTS IN MAY, AND IT RUNS UNTIL OCTOBER. THE HEAVIEST PART, WITH THE MOST MUSHROOMS, IS JULY AND AUGUST.

TO GET TO SAN PEDRO TLAMISCO YOU TAKE A BUS IN MEXICO CITY TO TENANGO DEL VALLE. IT COSTS 11 PESOS AND TAKES AN HOUR AND A HALF. IN TENANGO YOU TAKE A CAR TO SAN PEDRO. THEY CHARGE 5 PESOS AND IT TAKES ABOUT 15 OR 20 MINUTES. IF YOU ONLY WANT TO SPEND THE DAY THERE THE CARS RUN UNTIL 10 PM AND THE BUSES RUN TILL 12 PM IN TENANGO.



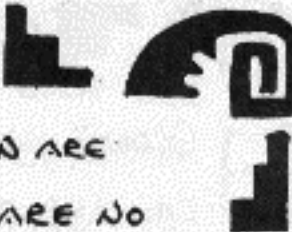


STATE OF MORELOS

IN MORELOS THERE ARE THREE DIFFERENT PUEBLOS IN WHICH THE BROWN SAN PEDRO MUSHROOM GROWS FROM JUNE TO OCTOBER.

TETELA DEL VOLCÁN IS A BEAUTIFUL OLD COLONIAL TOWN AT FOOT OF THE FAMOUS





POPOCATEPETL. THE PEOPLE IN TOWN ARE QUITE FRIENDLY, AND, AS THERE ARE NO HOTELS, MANY GIVE YOU THE CHANCE TO STAY UNDER THEIR ROOF. OUT OF TOWN THERE ARE OLD ABANDONED FARMS IN WHICH YOU CAN CAMP OUT, WITH STREAMS OF WATER NEARBY. THERE ARE A LOT OF FRUIT TREES, MOSTLY PEACHES, AND IF YOU ASK THE OWNERS THEY WILL LET YOU PICK A FEW.

BEHIND TOWN THERE ARE MANY CANYONS IN WHICH THE MUSHROOMS GROW. THEY ALWAYS GROW NEXT TO A STREAM, AND USUALLY UNDER BUSHES. IN TOWN MANY PEOPLE WILL ASK YOU IF YOU WANT TO BUY SOME, AND THE PRICE IS QUITE REASONABLE, 30 PESOS A DOZEN.

IF YOU ARE HANGING AROUND THE ZOCALO AND YOU REALLY LOOK SLEAZY (HAIR UNCOMBED, GRUMPY, DIRTY CLOTHES, ETC.) THE SOLDIERS WILL SEARCH YOU.

THERE IS A LOT OF GOOD MARIJUANA





GROWN IN THE MOUNTAINS AROUND TETELA AND THE SOLDIERS THERE BUY A LOT OF PEOPLE FOR IT, SO BE CAREFUL!



SAN PEDRO NEXAPA, ALSO AT THE FOOT OF POPO, IS LIKE TETELA BUT WITH FEWER HIPPIES, AND FEWER SOLDIERS. THE GRASS AND MUSHROOMS ARE DEFINITELY WORTH SAMPLING.


HUEYAPAN, EAST OF TETELA, IS MUCH LIKE TETELA IN SAN PEDRO, BUT WITH THE ADDED BONUS OF SOME BODICE ANTI-M...

QUANTITIES AND EASILY AVAILABLE

REG. -100-GRK-SEEDS TO HARRY HODD TO

OFF. MA






REFINE IT. THE SOLDIERS IN HUEYAPAN ARE PRETTY MELLOW, AND SO ARE THE PEOPLE.

IF YOU DECIDE TO GO TO TETELA YOU MUST TAKE A BUS FROM MEXICO CITY TO CUAUTLA. IT COSTS 15 PESOS AND TAKES 45 MINUTES. IN CUAUTLA TAKE A BUS TO TETELA. COST: 5 PESOS. TIME: HALF AN HOUR. THE BUS TO HUEYAPAN FROM CUAUTLA COSTS 7 PESOS, FROM TETELA, 2 PESOS. TO GET TO SAN PEDRO, TAKE A BUS IN MEXICO CITY TO AMECAMECA (7 PESOS), OR FROM CUAUTLA (8 PESOS). THE BUS FROM AMECA TO SAN PEDRO COSTS 3 PESOS.

MORELOS IS A BEAUTIFUL STATE AND THE POPO IS A PRETTY NICE PLACE TO HANG AROUND AND GET HIGH; AND IF YOU ARE EN ROUTE TO OAXACA FROM MEXICO CITY IT IS ON THE WAY AND A GOOD PLACE TO STOP OFF. MANY PEOPLE GO TO POPOCATEPETL





TO CLIMB IT, BUT VERY FEW KNOW ABOUT THE MUSHROOMS.



STATE OF OAXACA

IN OAXACA THERE ARE 2 AREAS IN WHICH THE MUSHROOM IS FOUND: NORTHWEST OF OAXACA CITY AND SOUTH OF OAXACA CITY.

SAN JOSE DEL PACIFICO LIES SOUTH OF OAXACA CITY AND HAS PLENTY OF PURPLE SAN PEDRO MUSHROOMS FROM JUNE TO AUGUST. THERE IS A LOT OF GRASS IN TOWN AND ALMOST EVERYBODY SELLS IT CHEAP.

THE SOLDIERS IN SAN JOSE ARE QUITE NASTY, AND ARE ALWAYS TRYING TO BUST THE HIPPIES. THEY HAVE TOLD THE PEOPLE



NOT TO BE FRIENDLY WITH STRANGERS, BUT YOU CAN PROBABLY FIND A CABAÑA FOR ABOUT 5 PESOS A NIGHT.

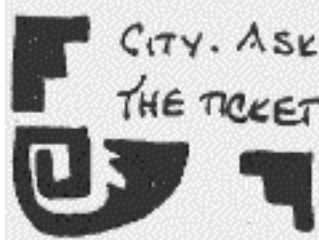
THE MUSHROOMS IN SAN JOSE ARE REALLY STRONG, AND A LOT OF PARTY PEOPLE HANG AROUND DOING THEM AND SMOKING POT AND NEVER GET BUSTED. BEFORE YOU GO TO SAN JOSE YOU MUST DECIDE YOU ARE SMARTER THAN THE STUPID SOLDIERS. THE SOLDIERS SEARCH YOU THOROUGHLY WHEN YOU ENTER TOWN AND WHEN YOU LEAVE, AND IF YOU ARE DRIVING A CAR, AND IF YOU ARRIVE AT NITE (AFTER DARK), THEY WILL HOLD THEIR GUNS ON YOU ALL NITE AND SEARCH YOU AT DAWN.





ZIPLICITÉ EAST OF PUERTO ANGELES IS A FREE BEACH ON THE OAXACAN COAST. PEOPLE RUN AROUND NAKED PARTYING AND HAVING A GOOD TIME, AND OLD LADIES WALK AROUND WITH BIG BASKETS ON THEIR HEADS SELLING FOOD, SOFT DRINKS, MARIJUANA, AND MUSHROOMS. THE MUSHROOMS ARE BROUGHT DOWN FROM THE MOUNTAINS NEAR BY AND SO IS THE GRASS.

THERE ARE NO SOLDIERS IN ZIPLICITÉ, BUT TWO OR THREE TIMES A YEAR THE SOLDIERS COME DOWN AND FINE EVERYBODY WHO IS NUDE 500 PESOS. SO IF YOU GO DOWN YOU TAKE THAT CHANCE; BUT I'VE NEVER KNOWN IT TO HAPPEN TO ANYONE AND HAVE JUST BEEN TOLD IT HAPPENS.



TO GET SAN JOSE DEL PACIFICO, TAKE PUERTO ANGELES BUS IN OAXACA CITY. ASK FOR A TICKET TO SAN JOSE. THE TICKET WILL COST 20 PESOS. TO GET



TO ZIPOLITÉ, GO ALL THE WAY TO
PUERTO ANGEL. FROM OAXACA ITS 27
PESOS, FROM SAN JOSE 7 PESOS. IN
PUERTO ANGEL TAKE THE BUS TO ZIPOLITÉ
(5 PESOS).

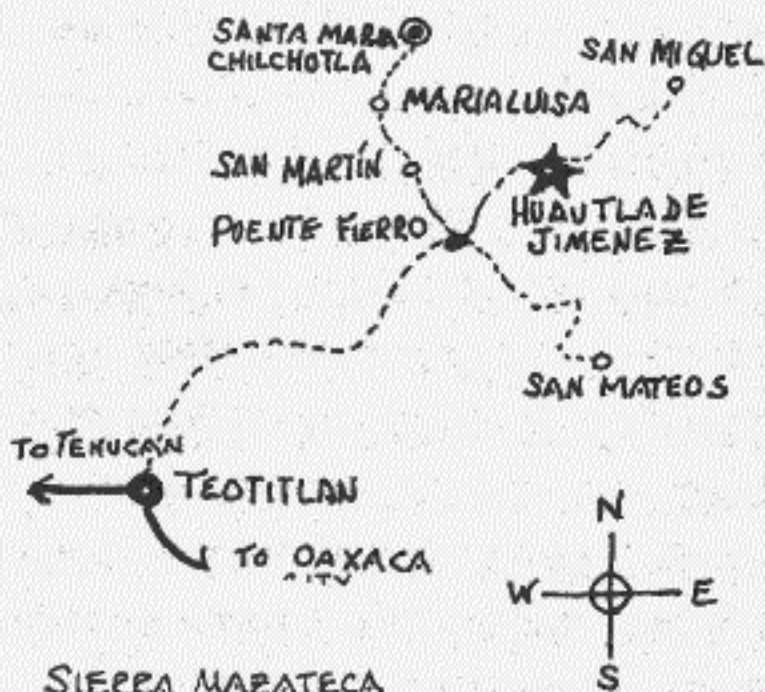
SIERRA MAZATECA OF OAXACA

NORTHWEST OF OAXACA CITY LIES THE SI-
ERRA MAZATECA IN WHICH THERE MORE THAN
A DOZEN PLACES WHERE THE PSILOCYBIN
MUSHROOMS GROW. THE SIERRA MAZATECA
IS A BEAUTIFUL PLACE AND IT IS FAMOUS
FOR ITS MUSHROOMS ALL OVER THE WORLD.
THE ENTRANCE TO THE SIERRA IS TEOTITLAN
DEL CAMINO (NOT TO BE CONFUSED WITH
TEOTITLAN DEL VALLE, ALSO IN OAXACA).
A BUS FROM MEXICO CITY TO TEHUACAN,
PUEBLA COSTS 35 PESOS. THE BUS FROM
TEHUACAN TO TEOTITLAN COSTS 8.50 PESOS.
TO GET FROM OAXACA CITY TO TEOTITLAN
COSTS 20 PESOS BY BUS.



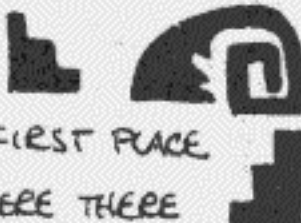


ONCE YOU ARE IN TEOTITLAN THERE ARE 2 BUSES YOU CAN TAKE INTO THE SIERRA. ONE GOES TO SANTA MARIA CHILCHOTLA, APPROXIMATELY 70 KILOMETERS AWAY (27 PESOS). BOTH BUSES PASS BY PUENTE JIMENEZ, ABOUT 65 KILOMETERS (25 PESOS). BOTH BUSES PASS BY PUENTE FIERRO, OR IRON BRIDGE.




SIERRA MADRETECA
IN OAXACA

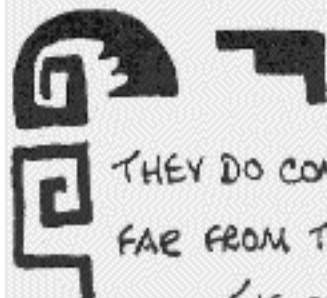




PUNTE FIERRO IS THE FIRST PLACE YOU COME TO IN THE SIERRA WHERE THERE MUSHROOMS. IT IS NOTHING MORE THAN A BIG BRIDGE OVER A STREAM WHICH HAS NO NAME. THERE IS A STORE NEAR BY AND A FEW HOUSES. IN THE RAINY SEASON (FROM TO JUNE TO AUGUST FOR THE ENTIRE SIERRA MAZATECA) A LOT OF MAZATEC INDIANS COME DOWN TO THE BRIDGE TO SELL WHAT THEY CONSIDER A MUSHROOM TRIP FOR 10 TO 25 PESOS. IF YOU ARE 5 FOOT TALL AND WEIGH 120 POUNDS YOU WILL GET OFF FINE, IF NOT HOWEVER YOU WILL REQUIRE MORE. YOU SHOULD NOT PAY MORE THAN 10 PESOS A TRIP FOR THAT AMOUNT OF MUSHROOMS.

ON SUNDAY AFTERNOONS THE HUAUTLA POLICE COME DOWN TO THE PUNTE TO CHECK UP ON THE HIPPIES, BUT THE REST OF THE WEEK THEY STAY IN HUAUTLA. WHEN





THEY DO COME DOWN THEY DONT WANDER
FAR FROM THE BRIDGE.

THE STREAM THAT RUNS UNDER THE BRIDGE
HAS SOME REALLY BEAUTIFUL SPOTS TO CAMP
OUT. THERE ARE WATERFALLS TO SHOWER
UNDER AND BIG CAVES TO SLEEP IN. YOU
NEVER RUN OUT OF THINGS TO DO.

SAN MATEOS ON THE ROAD TO THE
RIGHT OF THE PUENTE, IS ABOUT A 45 MIN.
WALK. IN SAN MATEOS THERE ARE A LOT
OF GOOD MUSHROOMS OF THE PURPLE SAN
PEDRO AND PAJARITO DE LA SIERRA
VARIETIES. ALSO A FEW PEOPLE IN SAN
MATEOS HAVE SOME REALLY FINE FLOWER
TOPS. IN SAN MATEOS YOU SHOULD EXPECT
TO PAY 20 PESOS FOR A TRIP.

THE PEOPLE IN SAN MATEOS ARE
PRETTY FRIENDLY, BUT THE MUNICIPAL
PRESIDENCY DOES NOT ALLOW PEOPLE TO
STAY OVERNITE. IF YOU'RE PARTYING AT
PUENTE AND RUN OUT OF GRASS, SAN MATEOS




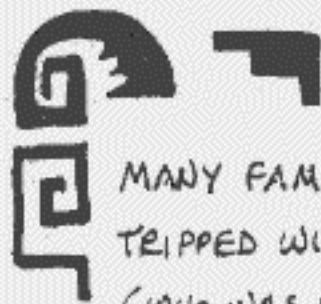


IS A NICE A PLACE TO SCORE.

HUATLA DE JIMENEZ, THE SACRED HEART OF THE SIERRA MABATECA, IS 8 KILOMETERS FROM PUENTE. MANY YEARS AGO HUATLA WAS A VERY PSYCHEDEUC TOWN. EVERYBODY DID MUSHROOMS AND NEVER GOT SICK. BUT TIME CHANGES AND PEOPLE GROW OLD AND DIE. NOW HUATLA IS FULL OF ALCOHOLIC MABATEC INDIANS WHO GET UP EARLY TO SCOUR THE MOUNTAIN WALLS FOR THE PURPLE SAN PEDROS TO SELL SO THEY CAN GET DRUNK.

THERE ARE STILL A FEW OLD PEOPLE HANGING AROUND AND SELLING GOOD MUSHROOMS, AND THEY INVITE YOU INTO THEIR HOUSES, LET YOU STAY THE NITE AND MAKE YOUR TRIP NICE. ONE OF THESE IS AN 87 YEAR OLD WOMAN CALLED MARÍA SABINA MAGDALENA. SHE STILL SELLS GOOD MUSHROOMS FOR ABOUT 30 PESOS A TRIP, AND SHE'LL LET YOU STAY IN HER HOUSE FOR FREE AND FEED YOU.






MANY FAMOUS PEOPLE ARE SAID TO HAVE TRIPPED WITH THIS WOMAN: WALT DISNEY (WHO WAS SAID TO HAVE LIVED IN PUENTE ON AND OFF FOR 6 YEARS), THE BEATLES, JIM MORRISON AND THE DOORS, AND JIMI HENDRIX, TO NAME A FEW. IF YOU DON'T STAY WITH MARÍA THERE TWO HOTELS AND MANY CABAÑAS. IN THE LAST FEW YEARS THERE HAS BEEN A LOT OF TROUBLE WITH THE SOLDIERS, BUT THIS YEAR THERE HAS BEEN NO TROUBLE AND THERE IS NO PROBLEM STAYING IN HUAUTLA IF YOU WALK AROUND SMILING AND HAVE MONEY.

SAN MIGUEL, ABOUT 2 HOURS WALK PAST HUAUTLA HAS A FEW SAN ICIDROS AND LOTS OF MARIJUANA; HOWEVER, IT IS A VERY SMALL TOWN AND ONLY 3 OR 4 PEOPLE SPEAK SPANISH. THE REST ALL SPEAK MATEEC.




GETTING BACK TO THE LEON BRIDGE, TO THE LEFT IS A TRAIL TO SANTA MARÍA





CHILCHOTLA. FOUR KILOMETRES DOWN THE ROAD FROM PUENTE IS SAN MARTIN WHERE A FEW SUGAR CANE FARMERS LIVE. THEIR FIELDS ARE ABOUT 2 HOURS WALK UP THE MOUNTAIN. HERE LIVE A FEW PEOPLE WHO WILL TAKE YOU UP THE TRAIL TO THE FIELDS. AT THE TOP LIVE A FEW MORE INDIANS AND ITS PRETTY COSMIC TO BE WAY UP THERE TRIPPING, BUT THE BEST PRICE YOU'LL GET ON THE MUSHROOMS IS ABOUT 7 PESOS A TRIP. THE CLIMB IS REALLY HARD, BUT THERE ARE NO SOLDIERS.

MARIA LOUISA, ABOUT THREE KILOMETERS FROM SAN MARTIN, HAS PLENTY OF THE PURPLE SAN PEDROS AND PAJARITOS DE LA SIERRA. IF YOU'LL BUY MUSHROOMS FROM SOMEONE THEY'LL INVITE YOU TO STAY THE NITE, AND IF YOU SMILE A LOT THEY WILL FEED YOU FOR FREE. THERE ARE NO SOLDIERS HERE EITHER.





SANTA MARÍA CHILCHOTLA HAS THE MOST BEAUTIFUL INDIAN WOMEN IN THE SIERRA. IT IS ALMOST AS BIG AS HUAUTLA, BUT NOT AS BURNED OUT. THE PEOPLE ARE VERY FRIENDLY, AND, AS THERE IS NO HOTEL, MANY WILL INVITE YOU TO STAY THE NITE. THE MUSHROOMS ARE VERY GOOD AT ABOUT 10 PESOS A TRIP, AND A LOT OF PEOPLE HAVE THEM. THE MUNICIPAL POLICE DON'T ORDINARILY HASSLE THE HIPPIES.

IN CHILCHOTLA A TRAIL STARTS THAT RUNS THROUGH THE MOUNTAINS TO THE STATE OF VERACRUZ. IT'S ABOUT AN 8 HOUR WALK BUT IT'S DOWNHILL ALL THE WAY. THERE ARE VILLAGES ALL ALONG THE TRAIL AND THEY ALL HAVE MUSHROOMS. MANY PEOPLE WALK THIS TRAIL, AND MOST OF THEM STOP ON RÍO SAPO TO PARTY. THERE ARE NO SOLDIERS IN ANY OF THE VILLAGES, AND ALL THE PEOPLE REALLY



LIKE THE HIPPIES BECAUSE THEY BUY MUSH-
ROOMS AND SPEND MONEY, WHICH THESE PEOPLE
DESPERATELY NEED.

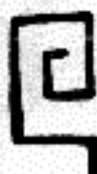
EL EDEN IS THE FIRST VILLAGE
YOU COME ACROSS AFTER YOU'VE WALKED
HALF AN HOUR FROM CHILCHOTUA. THERE
ARE MANY SAN PEDROS AND BROWN
PAJARITOS. THE TRIP COSTS ABOUT 10
PESOS.

CUAHTEMOC, HALF AN HOUR FROM
EL EDEN HAS MANY PURPLE SAN PEDROS
AND BROWN PAJARITOS, ALSO AT 10 PESOS
A TRIP.

CLEMENCIA, AN HOURS WALK
FROM CUAHTEMOC, IS VERY FRIENDLY.
HERE THEY HAVE ONLY THE BROWN
PAJARITO AND THE INDIANS INVITE YOU
TO SPEND THE NITE IF YOU BUY FROM
THEM.

CATALUNIA, 2½ HOURS WALK
FROM CLEMENCIA, IS WHERE THE CLIMATE

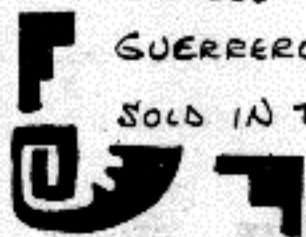


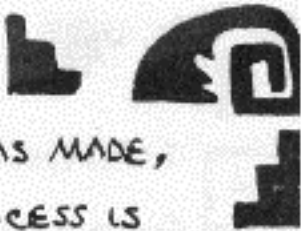


CHANGES AND THE GROUND IS WARMER.

HERE THE SAN ICIDRO LABRADOR AND THE PAJARITO DEL VALLE OR WHITE PAJARITO START, AS THERE ARE A COUPLE OF LARGE COW PASTURES. YOU CAN SEE ONE OF THE PASTURES RIGHT NEXT TO THE TRAIL AND IF ITS JUNE OR JULY IT WILL PROBABLY BE FULL OF MUSHROOMS FOR THE PICKING.

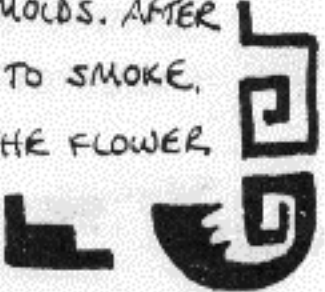
SAN AUGUSTIN, AN HOURS WALK FROM CATALUNYA, HAS NO MUSHROOMS, BUT THERE IS A LITTLE OLD MAN WHO SITS NEXT TO THE ROAD WAITING FOR THE HIPPIES. IF THIS LITTLE OLD MAN LIKES THE WAY YOU LOOK HE WILL ASK YOU IF YOU WANT TO BUY SOME MARIJUANA. HE HAS FLOWER TOPS YOU WOULD NOT BELIEVE, AND, AT CERTAIN TIMES, HE HAS HASH. HIS HASH IS COMPARABLE TO SOME MADE IN THE FAR AND MID-EAST. THIS SAME HASH IS ALSO MADE IN OTHER PARTS OF OAXACA, GUERRERO, AND MICHOACAN, AND LATER SOLD IN THE STATES FOR \$1350.00 A POUND.





HE TOLD ME HOW IT WAS MADE,
AND I WILL TELL YOU. THE PROCESS IS
SIMPLE, REQUIRING ONLY 3 ITEMS: A THICK,
ALL COTTON SUGAR SACK, A BAT OR STICK,
AND 3 KILOS OF FRESH CUT, MATURE, FE-
MALE MARIJUANA FLOWER TOPS. (THEY MUST
BE THE ONES THAT HAVE NOT BEEN POLLINATED
BY A MALE AND ARE, THEREFORE, SEEDLESS.)
AFTER REMOVING ANY OF THE LEAVES THAT
MAY HAVE REMAINED ON THE STEMS, BEING
CAREFUL NOT TO SHAKE THE POLLEN OFF, PLACE
THE TOPS INSIDE THE SACK, TIE THE TOP
OF THE SACK, AND BEAT THOROUGHLY WITH
THE STICK FOR ONE HOUR. WHEN THOROUGHLY
BEATEN, OPEN SACK, DISCARD STEMS AND ANY
OTHER MATERIAL THAT IS NOT PULVERIZED;
THEN, TURNING THE SACK INSIDE OUT, SCRAPE
ALL THE MOIST GREEN MATERIAL OFF THE
SACK AND PRESS INTO CHEESE MOLDS. AFTER
3 DAYS THE HASH IS READY TO SMOKE.

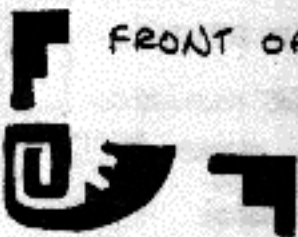
IT IS BEST TO CUT THE FLOWER

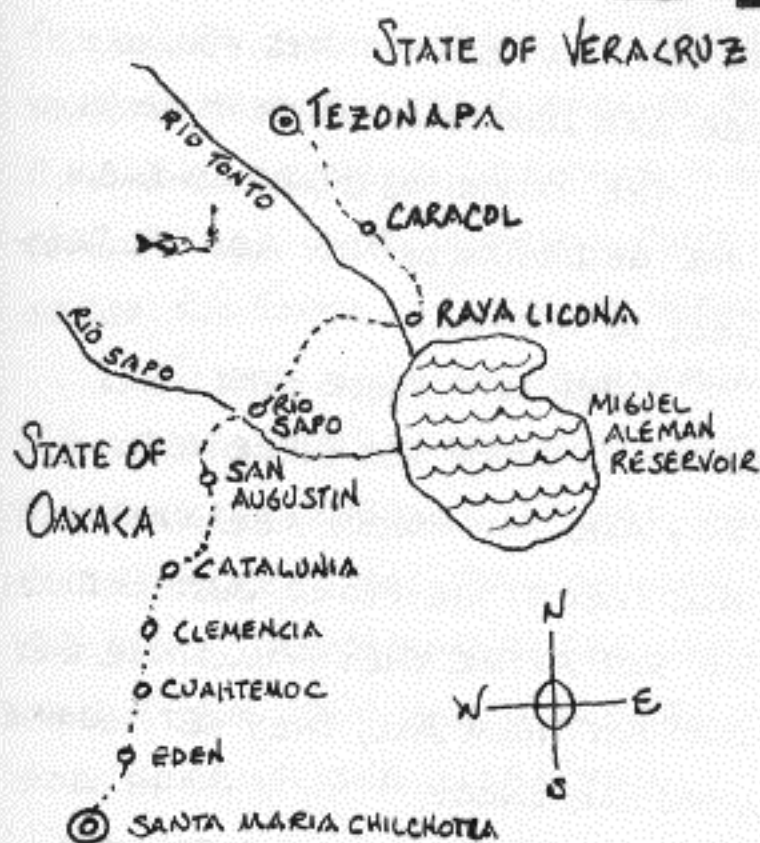




TOPS THE DAY AFTER THE FULL MOON (ALSO IT IS BEST TO PLANT THE DAY AFTER THE FULL MOON). THIS RECIPE IS GOOD FOR 2 $\frac{3}{4}$ KILOS OF HASH. YOU MUST USE ONLY FEMALE FLOWER TOPS, AND THEY MUST BE FRESH; OTHERWISE THE FINISHED PRODUCT WILL HAVE THE QUALITY OF THE POT OIL FROM BOILED AND DRIED POT THAT MOST PEOPLE IN THE STATES MAKE — WHICH IS REALLY GARBAGE.

GETTING BACK TO THE TRAIL. FROM SAN AUGUSTIN YOU CAN SEE THE GIANT RESERVOIR OF MIGUEL ALEMAN AND RÍO SAPO. RÍO SAPO, HALF AN HOUR WALK FROM SAN AUGUSTIN, IS THE MOST BEAUTIFUL PLACE IN ALL OF THE SIERRA MEXATECA. IT IS ALMOST ALWAYS FULL OF PARTY PEOPLE SINCE MOST OF THE STORE OWNERS LET YOU STAY UNDER THEIR ROOFS IN FRONT OF THE STORE.





RIO SAPO (OR TOAD RIVER) ITSELF IS USUALLY A CLEAR STREAM THAT HAS MANY LARGE SWIMMING HOLES. AT NITE THOUSANDS OF LITTLE TOADS CROAK, WHILE FIREFLIES DANCE IN THE TREES.



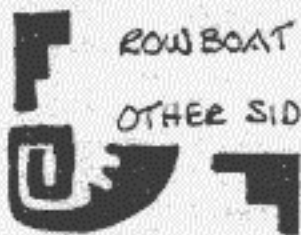



THERE ARE MANY COW PASTURES FULL OF EITHER SAN ICIDROS OR WHITE PAJARITOS.

THE PAJARITOS START AS EARLY AS THE BEGINNING OF MAY AND THE SAN ICIDROS IN MID-MAY.

THERE IS A HOUSE THAT SELLS FRESH MILK DAILY FOR THREE PESOS A LITER, AND ALL AROUND ARE MANY MANGO TREES. THE PEOPLE JUST LET THEM ROT AFTER THEY FALL. SINCE THEY CANNOT EAT THEM ALL, THEY LET YOU HAVE ALL YOU CAN CARRY.

RÍO SAPO IS DEFINITELY THE NUMBER 1 PLACE IN THE SIERRA MABA-TECA AND WORTH CHECKING OUT. AFTER RÍO SAPO YOU MUST WALK 2 HOURS TO RÍO TONTO. THERE IS A HOUSE ON BOTH SIDES OF THE RIVER AND THE PEOPLE WILL FERRY YOU ACROSS IN A LITTLE ROWBOAT FOR 2 PESOS. ONCE ON THE OTHER SIDE YOU CAN TAKE A BUS TO





TEZONAPA FOR 7 PESOS. IN TEZONAPA
YOU CAN TAKE THE TRAIN BACK TO MEXICO
CITY FOR 32 PESOS, OR TAKE A BUS
TO CORDOBA FOR 15 PESOS. ONCE YOU
CROSS RÍO TONTO YOU ARE IN VERACRUZ.

THIRTY MINUTES WALK FROM
RÍO TONTO IS CARACOL, THE LAST
PLACE FOR MUSHROOMS. IT HAS MANY
COW PASTURES, ALL FULL OF SAN
ICIDROS. A WOMAN THERE USUALLY
HAS THEM AND SHE WILL FEED YOU
FOR FREE IF SHE LIKES YOU.





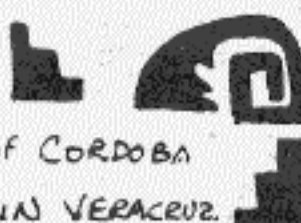
STATE OF VERACRUZ

THERE ARE 3 MAIN PLACES IN VERACRUZ WHERE THE SAN ICIDRO AND WHITE PAJARITO GROW IN AN INCREDIBLE ABUNDANCE FROM EARLY JUNE TO LATE AUGUST.

ORIZABA, THE FIRST PLACE YOU COME TO ON YOUR WAY FROM MEXICO CITY, HAS MANY HOTELS YOU CAN STAY IN FOR 25 TO 100 PESOS A NITE. IT IS A SMALL CITY AND VERY MELLOW. COW PASTURES SURROUND THE CITY AND THEY ARE FULL OF MUSHROOMS. THE POLICE DON'T SEEM TO BE VERY OBNOXIOUS, AND IF YOU SMILE AT THEM THEY SMILE BACK.

CORDOBA, NORTHEAST OF ORIZABA, IS ABOUT THE SAME STORY, ONLY CORDOBA IS LARGER WITH MORE PEOPLE. THE POLICE IN CORDOBA ARE ALSO QUITE MELLOW.

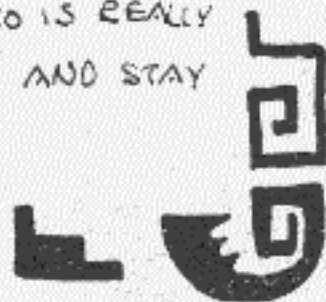



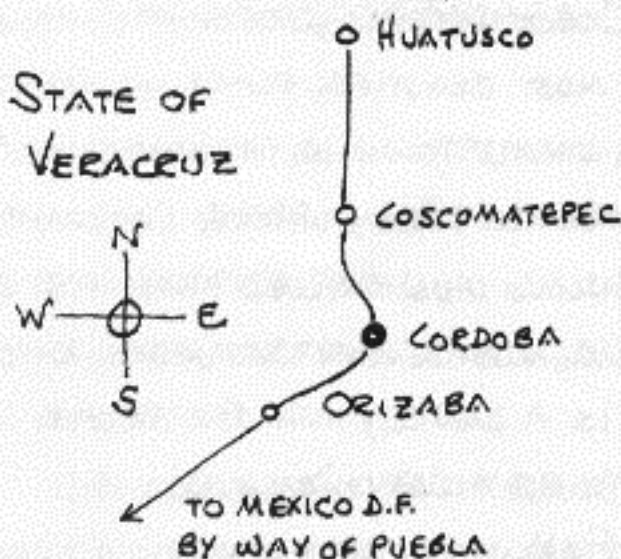


COSCOMATEPEC, NORTH OF CORDOBA
IS THE MOST BEAUTIFUL PLACE IN VERACRUZ.
IT IS A SMALL TOWN WITH ONLY ONE HOTEL,
THE HOTEL CENTRO, WHERE YOU CAN SPEND
A FABULOUS FUN-FILLED NITE FOR 20
PESOS. ALMOST EVERY SATURDAY NITE
THERE IS A DANCE, AND THE PEOPLE
SEEM TO BE ALWAYS SMILING.

EARLY IN THE MORNING IS THE
BEST TIME TO GATHER MUSHROOMS. YOU
MERELY WALK TO THE ROAD THAT CON-
TINUES TO HUATUSCO, AND FOLLOW IT
DOWN ABOUT 1 KILOMETER TO THE COW
PASTURES. FROM THE ROAD YOU WILL
PROBABLY START TO SEE MUSHROOMS.

THERE IS GRASS CULTIVATED IN
COSCO AND SOLD FOR 250 PESOS A KILG.
THERE ARE ALSO MANY OPIUM POPPIES AND
RAW OPIUM AVAILABLE. COSCO IS REALLY
A NICE PLACE TO HANG OUT AND STAY
HIGH.





THE BUSES FROM MEXICO CITY TO ORIZABA COST 45 PESOS AND 50 PESOS TO CORDOBA. A TRAIN IN MEXICO CITY CHARGES 36 PESOS TO CORDOBA. TO GET TO COSCOMATEPEC TAKE A BUS FROM CORDOBA (4.20 PESOS).



STATE OF CHIAPAS

THE STATE OF CHIAPAS IS EASILY THE MOST BEAUTIFUL PLACE IN MEXICO. THE ENERGY THERE IS QUITE PSYCHEDELIC AND THE LAND IS BEYOND DESCRIPTION.

ALMOST ALL OVER NORTHERN CHIAPAS THE SAN ICIDRO IS FOUND FROM AUGUST TO NOVEMBER. THESE ARE STRONGER THAN THE ONES FOUND IN VERACRUZ OR OAXACA, AND IT TAKES 3 OR 4 TO BUZZ FOR A GOOD WHILE.

PALENQUE HAS A MAGIC THAT SETS IT APART FROM ALL OTHER PLACES IN MEXICO. THE ARCHITECTURE IN THE RUINS MAKES THIS THE MOST BEAUTIFUL MAYAN CITY IN MEXICO. THE HIEROGLYPHICS HAVE PICTURES OF MAYANS EATING MUSHROOMS, PEOPLE FROM OUTER SPACE AND FLYING SAUCERS (FOUND ON THE TABLET OF THE 96 HIEROGLYPHICS IN THE

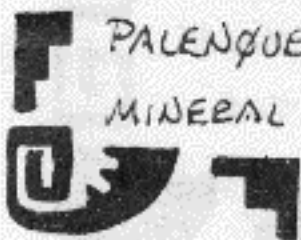




MUSEUM OF PALENQUE). TO THIS DATE THE STRAIGHT PEOPLE CAN'T FIGURE OUT WHY THE MAYANS OF PALENQUE ALL SUDDENLY DISAPPEARED WITH NO TRACE; BUT IF YOU DO MUSHROOMS IN PALENQUE AND GO TO THE RUINS YOU WILL PROBABLY BE ABLE TO FIGURE IT OUT. THE BEST MUSHROOMS GROW IN THE COW PASTURES IN FRONT OF THE RUINS. OUT OF SEASON THE LITTLE KIDS SELL THEM, BUT IN SEASON YOU DONT HAVE TO WALK FAR TO FIND THEM. THE POLICE ARE VERY FRIENDLY AND LIBERAL EXCEPT THAT IN TOWN THEY REQUIRE THAT YOU WEAR A SHIRT.

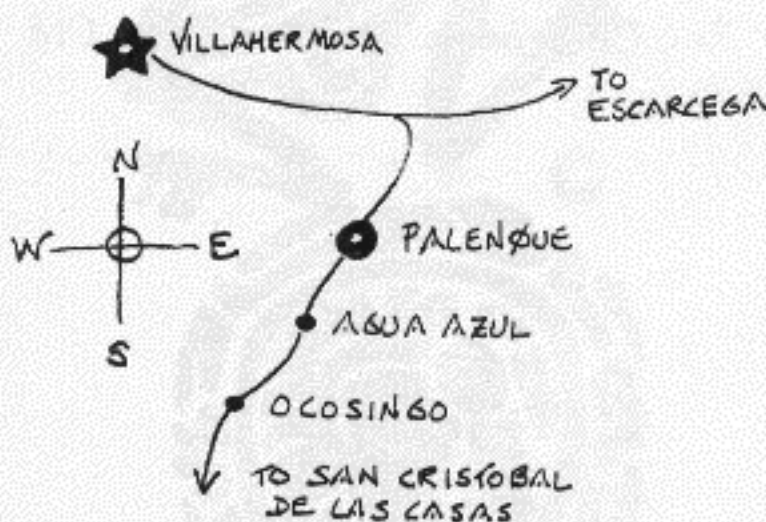
THERE ARE MANY HOTELS IN PALENQUE WHERE YOU CAN STAY, AND ALL AROUND THERE ARE TRAILER PARKS WITH CAMPGROUNDS.

AGUA AZUL, SOUTH OF PALENQUE, IS NAMED FOR ITS BLUE MINERAL WATERS. THE ROAD FROM



PALENQUE TO AGUA AZUL IS NOT TOTALLY PAVED, BUT EVEN VOLKSWAGENS CAN MAKE IT. THERE ARE MANY MUSHROOMS IN AGUA AZUL; THERE IS ALSO A LOT OF GRASS.

BOTH PALENQUE AND AGUA AZUL ARE FULL OF PARTY PEOPLE YEAR ROUND, AND ITS ALWAYS WARM IN THIS PART OF CHIAPMS.



STATE OF CHIAPMS



TO GET TO PALENQUE FROM MEXICO CITY YOU TAKE A BUS TO VILLAHERMOSA FOR 69 PESOS. FROM VILLAHERMOSA TO PALENQUE IT COSTS 23 PESOS. FROM MEXICO CITY YOU CAN TAKE A TRAIN ALL THE WAY TO PALENQUE FOR 58 PESOS.

FROM OAXACA CITY YOU GO TO SAN CRISTOBAL DE LAS CASAS BY BUS (28 PESOS), AND FROM SAN CRISTOBAL TO PALENQUE (18 PESOS).





THIS BOOK IS A GUIDE TO HELP PEOPLE EXPERIENCE MUSHROOMS WITHOUT GETTING BURNED. THE INFORMATION IN THIS BOOK IS ALL TRUE AND RECENT, HAVING BEEN GATHERED DURING THE RAINY SEASONS OF 1976.

THE BOOK DEALS PRIMARILY WITH DIRECTIONS ON HOW TO ARRIVE AT THE PLACES WHERE MUSHROOMS GROW AND WHAT TO DO ONCE YOU'RE THERE. THE LOCATION OF MUSHROOM GROWING AREAS IS DISCUSSED IN DETAIL, AND A MAP ACCOMPANIES EACH DISCUSSION. CURRENT STREET PRICES ARE QUOTED. IF YOU GO DURING THE RAINY SEASON TO ANY OF THE PLACES MENTIONED IN THIS GUIDE, AND FOLLOW DIRECTIONS, YOU WILL SCORE ALL THE MUSHROOMS YOU WANT WITHOUT GETTING BURNED OR BUSTED.

FROM THE INTRODUCTION